



Dunston Leisure Centre - Term Time Pool Programme

Applies from 10th June 2024 . Subject to change.

Swim for All Lane swim Drop in swimming session restricted to stated user groups

Swim Lessons

School Swim Lessons

Aquatic Fitness Classes

Clubs

Closed

Where Small pool shows 'Half pool' this pool is shared with Duckling lessons for four-year-olds and 1:1s

Pool currently open for public swimming but other activities are planned in the future

Dunston	MONDAY	06:30	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00																
	Lane 1											Schools		Stage 1-7				Male Only														
	Lane 2																															
	Lane 3																															
	Lane 4																															
	Lane 5																															
	Lane 6																															
	Small pool																															
Dunston	TUESDAY	06:30	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00																
	Lane 1	GAWASC		Schools						Schools				Kestrels		GAWASC		GSSC														
	Lane 2																															
	Lane 3																															
	Lane 4																															
	Lane 5																															
	Lane 6																															
	Small pool													Half pool																		
Dunston	WEDNESDAY	06:30	07:00	08:00	09:00	10:00	11:00					12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00												
	Lane 1					Schools										Female Only																
	Lane 2																															
	Lane 3																															
	Lane 4																															
	Lane 5																															
	Lane 6																															
	Small pool																															
Dunston	THURSDAY	06:30	07:00	08:00	09:00	10:00	11:00	12:00	13:00									14:00	15:00	16:00	17:00	18:00	19:00	20:00								
	Lane 1																	GSSC														
	Lane 2																															
	Lane 3																															
	Lane 4																															
	Lane 5																															
	Lane 6																															
	Small pool							Half pool										Adults														
Dunston	FRIDAY	06:30	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00					18:00	19:00					20:00								
	Lane 1									Schools								GAWASC														
	Lane 2																															
	Lane 3																															
	Lane 4																															
	Lane 5																															
	Lane 6																															
	Small pool																															
Dunston	SATURDAY	06:30	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00																
	Lane 1													SEND Family Swim																		
	Lane 2																															
	Lane 3																															
	Lane 4																															
	Lane 5																															
	Lane 6																															
	Small pool																															
Dunston	SUNDAY	06:30	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00																
	Lane 1													GSSC																		
	Lane 2																															
	Lane 3																															
	Lane 4																															
	Lane 5																															
	Lane 6																															
	Small pool																															
Please check web site and social media for updates on weekend swimming at Dunston due to galas.																																
Dunston	SUNDAY	06:30	07:00	08:00	09:00	10:00	11:00	12:00	13:00	14:00	15:00	16:00	17:00	18:00	19:00	20:00																
	Lane 1													GSSC																		
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